



680 Boston Post Road
 Guilford, Connecticut 06437
 Mon-Thu 10-9, Fri 10-10.
 Sat 10am-5pm open for Private Parties Saturday nights
 Closed on Sunday

www.pastaavest.com

Daily Menu

Call for Daily Specials! (203) 453-8779

Special Sandwiches

Our Own Fresh Herbed Bread, Hard Roll or Sub

- ❖ **Italian Bomb**
 Prosciutto, salami, provolone, lettuce, tomato, olives, roasted peppers, hot cherry peppers with olive oil & vinegar \$7/\$9
- ❖ **Italian Combo**
 Ham, salami, provolone, with lettuce, tomato, oregano, oil and vinegar \$7/\$9
- ❖ **Broccoli Rabe & Sausage with Mozzarella**
 \$7/\$9
- ❖ **Eggplant Parmigiana**
 \$7/\$9
- ❖ **Sausage & Peppers with Mozzarella**
 \$7/\$9
- ❖ **Meatballs & Mozzarella**
 \$7/\$9
- ❖ **Sausage & Mozzarella**
 \$7/\$9
- ❖ **Steak & Cheese**
 Add onion \$7/\$9
- ❖ **Chicken Parmigiana**
 \$7/\$9
- ❖ **Chicken Parm ala Michael**
 Chicken & Eggplant Parm layered \$8/\$10
- ❖ **Chicken Cutlet**
 Add lettuce, tomato, cheese, mayo or O&V \$7/\$9
- ❖ **Chicken Rudy**
 Cutlet with BBQ sauce, swiss cheese & bacon \$7/\$9
- ❖ **Chicken Salad**
 Chicken Breast mixed with celery, red onion, mayonnaise and mustard \$7/\$9
- ❖ **Buffalo Chicken**
 Chicken tenders with buffalo sauce bleu cheese dressing and lettuce \$7/\$9
- ❖ **Grilled Chicken Breast**
 with fresh mozzarella, basil pesto & tomato \$7/\$9
- ❖ **Tuna Salad** with mayonnaise, celery and onion \$7/\$9
- ❖ **Coldcut Sandwich**
 With lettuce and tomato
 choose from Turkey, Roast Beef, Ham, Salami, American Cheese, Provolone and Swiss \$7/\$9

Additional Toppings: Roasted Peppers, Hot Peppers,
 Black Olives, Pesto, Fresh Mozz, or Bacon .75 per item

Salad Bar \$8.49 per lb
Soup of the Day \$5 per 16 oz cup

Paninis~\$7

Made on Our Own Fresh Herbed Bread

- ❖ **Breaded Eggplant, Fresh Mozz, Basil, Roasted Yellow Peppers**
- ❖ **Three Cheese, Basil and Tomato**
- ❖ **Prosciutto, Fresh Mozz and Tomato**
- ❖ **Sopresseta, Provolone Cheese and Basil**
- ❖ **Fresh Mozz , Basil and Tomato**
- ❖ **Grilled Eggplant, Fresh Mozz and Roasted Red Peppers**
- ❖ **Grilled Chicken, Pepper Jack Cheese**
- ❖ **Buffalo Chicken, Gorgonzola Cheese, Black Olives & Mozz**

All served with your choice of pesto
Traditional Basil Pesto, Sun Dried Tomato Pesto
Or Artichoke Pesto

Special Salads *in the cold case....*

- ❖ **Traditional Antipasto \$9**
 Lettuce topped with our own marinated eggplant, mushrooms, fresh mozzarella, roasted peppers, tomato, ham, salami, provolone, olives
- ❖ **The Avest Salad \$9**
 Chicken Cutlet on a bed of lettuce with tomato, fresh mozz, olives, basil
- ❖ **Chicken Caesar Salad \$7**
 Caesar Salad with grilled chicken, croutons and freshly grated parmigian cheese
- ❖ **Buffalo Tender Salad \$9**
 Tossed salad topped with delicious spicy tenders, dressed with blue cheese dressing.
- ❖ **Fresh Mozzarella & Tomato Salad \$8**
 On a bed of greens with olive oil and balsamic vinegar
- ❖ **Chicken and Artichoke Salad \$9**
 Grilled Chicken salad with artichokes, roasted peppers, olives and feta cheese over a bed of lettuce

Appetizers

Fried Mozzarella with marinara sauce	\$7
Fried Calamari with marinara sauce	\$9
Buffalo Tenders or Wings with blue cheese	\$7
Chicken Tenders with BBQ sauce	\$7

Pick your Pasta~Pick your Sauce

\$10

all served with Italian Bread,

get a side fresh mozz & tomato salad for \$3 with any dinner

Pastas

Tortellini, Spaghetti, Fettuccine, Linguine, Angel Hair, Cappellini, Cavetelli, Gnocchi, Rigatoni, Penne

Sauces

Marinara-tomato sauce

Meat Sauce-tomato sauce with ground beef

Pomodoro-fresh tomatoes, sauce, cream, and a touch of hot cherry peppers

Alfredo-cheese and cream sauce

Pesto Cream-basil pesto and cream sauce

Vodka Sauce

Tomato Cream with Sherry

Carbonara-cream sauce with bacon, tomatoes, peas

Arrabiatte-garlic, crushed red pepper tomato sauce

Puttanesca-kalamata olive and caper sauce

Pizziola-mushroom and tomato sauce

Broccoli & Garlic Aioli Sauce

Amitriciana-pancetta and onion tomato sauce

Add a Meatball, Sausage or Grilled Chicken \$2

Add Shrimp \$3

Dinners

all served with Italian Bread,
get a side fresh mozz & tomato salad for \$3 with any dinner

The Italian Flag penne basil pesto, penne alfredo & Penne marinara	\$12
Penne & Buffalo Chicken in Gorgonzola Cream Sauce	\$12
Lasagna with meat	\$12
Manicotti with marinara sauce	\$10
Stuffed Shells with marinara sauce	\$10
Cheese Raviolis with marinara sauce	\$10
Eggplant Parmigiana with a side of penne	\$14
Eggplant Rollatini with ham & mozz & a side of penne	\$14
Stuffed Eggplant with a side of penne	\$14
Chicken Parmigiana with a side of penne	\$14
Chicken Parm ala Michael	\$15
Chicken parm layered with eggplant parm with a side a penne	
Chicken Rudy	\$14
with a side of mashed potatoes or French Fries	
Chicken Marsala over Fettuccine	\$14
Grilled Chicken Breast with a side of broccoli aioli	\$12
Veal Parmigiana with a side of penne	\$16
Veal Parm ala Michael	\$17
Veal parm layered with eggplant parm with a side of penne	
Shrimp and Scallops Alfredo or Scampi over fettuccine	\$16
Linguine and Clams Red or White	\$15

Sides

French Fries	\$3
Penne with Marinara Sauce -kids size	\$5
Broccoli Aiola, Broccoli Rabe or Escarole	\$4
Side of 2 Meatballs	\$4

Pizza

	Small	Large
Plain Sauce	\$10	\$12
Prime Pizza Sauce	\$14	\$18
Vodka Sauce, Alfredo Sauce, Pomodoro Sauce, Puttanesca Sauce		
Mozzarella	\$11	\$13
Add \$1.50 per additional topping		

Pepperoni	Bacon	Sausage
Mushrooms	Eggplant	Broccoli
Spinach	Olives	Onion
Green Peppers	Garlic	Meatballs
Add \$2 per additional topping		

Chicken	Artichoke	Roasted Peppers
Pesto	Feta Cheese	Gorgonzola
Kalamata Olives		Anchovies
Broccoli Rabe	Shrimp	Ricotta

Specialty Pizza

	Small	Large
The Adriatic -Mozzarella, Fried Calamari, Hot Cherry Peppers	\$16	\$20
Tuscany Experience - Mozzarella, Fresh Tomato, Prosciutto, Ricotta, Black Olives	\$14	\$18
Hawaiian Pizza -Mozzarella, Ham, Pineapple, Red Sauce	\$14	\$18
The Works -Mozzarella, mushrooms, peppers, onions, bacon, sausage, pepperoni	\$18	\$22
Basil Pesto, Pine Nut, Provolone	\$16	\$20
Buffalo Chicken & Blue Cheese	\$16	\$20
PMS -Pepperoni, Mushroom, Sausage and Mozzarella	\$16	\$20
Escarole & Bean	\$14	\$18
Chicken Parmigiana	\$16	\$20
Veggie Bomb -Mozzarella, Spinach, Onions, Hot Cherry Peppers, Mushrooms, Roasted Peppers, Broccoli & Eggplant	\$16	\$20
Zuppa Di Pizza -Shrimp, Lobster Meat, Clams & Mozzarella	\$18	\$22
Fresh Tomato & Basil -Mozzarella & Parmagiana	\$14	\$18
Clams Casino -Mozzarella, Roasted Red Peppers & Bacon	\$16	\$20
Broccoli Rabe & Sausage -Mozzarella & Garlic	\$16	\$20
BBQ Rudy Pizza -Mozzarella, Chicken Cutlet, BBQ Sauce & Bacon	\$16	\$20
Louie Special -Mozzarella, Mashed Potato, Bacon	\$14	\$18

Calzones

Small \$ 16 Feeds 2-4 Large \$ 20 Feeds 4-8

With additional toppings see choices above
With a pint of sauce \$2