



680 Boston Post Road  
 Guilford, Connecticut 06437  
 Mon-Thu 10-9, Fri 10-10.  
 Sat 10am-5pm open for Private Parties Saturday nights  
 Closed on Sunday

[www.pastaavest.com](http://www.pastaavest.com)

## Daily Menu

Call for Daily Specials! (203) 453-8779

### Special Sandwiches

**Our Own Fresh Herbed Bread, Hard Roll or Sub**

- ❖ **Italian Bomb**  
 Prosciutto, salami, provolone, lettuce, tomato, olives, roasted peppers, hot cherry peppers with olive oil & vinegar \$7/\$9
- ❖ **Italian Combo**  
 Ham, salami, provolone, with lettuce, tomato, oregano, oil and vinegar \$7/\$9
- ❖ **Broccoli Rabe & Sausage with Mozzarella**  
 \$7/\$9
- ❖ **Eggplant Parmigiana**  
 \$7/\$9
- ❖ **Sausage & Peppers with Mozzarella**  
 \$7/\$9
- ❖ **Meatballs & Mozzarella**  
 \$7/\$9
- ❖ **Sausage & Mozzarella**  
 \$7/\$9
- ❖ **Steak & Cheese**  
 Add onion \$7/\$9
- ❖ **Chicken Parmigiana**  
 \$7/\$9
- ❖ **Chicken Parm ala Michael**  
 Chicken & Eggplant Parm layered \$8/\$10
- ❖ **Chicken Cutlet**  
 Add lettuce, tomato, cheese, mayo or O&V \$7/\$9
- ❖ **Chicken Rudy**  
 Cutlet with BBQ sauce, swiss cheese & bacon \$7/\$9
- ❖ **Chicken Salad**  
 Chicken Breast mixed with celery, red onion, mayonnaise and mustard \$7/\$9
- ❖ **Buffalo Chicken**  
 Chicken tenders with buffalo sauce bleu cheese dressing and lettuce \$7/\$9
- ❖ **Grilled Chicken Breast**  
 with fresh mozzarella, basil pesto & tomato \$7/\$9
- ❖ **Tuna Salad** with mayonnaise, celery and onion \$7/\$9
- ❖ **Coldcut Sandwich**  
 With lettuce and tomato  
 choose from Turkey, Roast Beef, Ham, Salami, American Cheese, Provolone and Swiss \$7/\$9

Additional Toppings: Roasted Peppers, Hot Peppers,  
 Black Olives, Pesto, Fresh Mozz, or Bacon .75 per item

**Salad Bar \$8.99 per lb**  
**Soup of the Day \$5 per 16 oz cup**

### Paninis~\$7

**Made on Our Own Fresh Herbed Bread**

- ❖ **Breaded Eggplant, Fresh Mozz, Basil, Roasted Yellow Peppers**
- ❖ **Three Cheese, Basil and Tomato**
- ❖ **Prosciutto, Fresh Mozz and Tomato**
- ❖ **Sopresseta, Provolone Cheese and Basil**
- ❖ **Fresh Mozz , Basil and Tomato**
- ❖ **Grilled Eggplant, Fresh Mozz and Roasted Red Peppers**
- ❖ **Grilled Chicken, Pepper Jack Cheese**
- ❖ **Buffalo Chicken, Gorgonzola Cheese, & Mozz**

**All served with your choice of pesto**  
**Traditional Basil Pesto, Sun Dried Tomato Pesto**  
**Or Artichoke Pesto**

### Special Salads in the cold case....

- ❖ **Traditional Antipasto \$10**  
 Lettuce topped with our own marinated eggplant, mushrooms, fresh mozzarella, roasted peppers, tomato, ham, salami, provolone, olives
- ❖ **The Avest Salad \$10**  
 Chicken Cutlet on a bed of lettuce with tomato, fresh mozz, olives, basil
- ❖ **Chicken Caesar Salad \$7**  
 Caesar Salad with grilled chicken, croutons and freshly grated parmigian cheese
- ❖ **Buffalo Tender Salad \$10**  
 Tossed salad topped with delicious spicy tenders, dressed with blue cheese dressing.
- ❖ **Fresh Mozzarella & Tomato Salad \$8**  
 On a bed of greens with olive oil and balsamic vinegar
- ❖ **Chicken and Artichoke Salad \$10**  
 Grilled Chicken salad with artichokes, roasted peppers, olives and feta cheese over a bed of lettuce

## Appetizers

<b>Fried Mozzarella</b> with marinara sauce	\$7
<b>Fried Calamari</b> with marinara sauce	\$9
<b>Buffalo Tenders or Wings</b> with blue cheese	\$8
<b>Chicken Tenders</b> with BBQ sauce	\$8

### Pick your Pasta~Pick your Sauce

\$10

all served with Italian Bread,  
get a side fresh mozz & tomato salad for \$3 with any dinner

### Pastas

**Tortellini, Spaghetti, Fettuccine, Linguine,  
Angel Hair, Cappellini, Cavetelli, Gnocchi,  
Rigatoni, Penne**

**Pick ZOODLES! \$12**

### Sauces

**Marinara**-tomato sauce

**Meat Sauce**-tomato sauce with ground beef

**Pomodoro**-fresh tomatoes, sauce, cream, and a touch  
of hot cherry peppers

**Alfredo**-cheese and cream sauce

**Pesto Cream**-basil pesto and cream sauce

**Vodka Sauce**

**Tomato Cream with Sherry**

**Carbonara**-cream sauce with bacon, tomatoes, peas

**Arrabiate**-garlic, crushed red pepper tomato sauce

**Puttanesca**-kalamata olive and caper sauce

**Pizziola**-mushroom and tomato sauce

**Broccoli & Garlic Aioli Sauce**

**Amitriciana**-pancetta and onion tomato sauce

**Add a Meatball, Sausage or Grilled Chicken \$2**

**Add Shrimp \$3**

### Dinners

all served with Italian Bread,  
get a side fresh mozz & tomato salad for \$3 with any dinner

<b>The Italian Flag</b> penne basil pesto, penne alfredo & Penne marinara	\$12
<b>Penne &amp; Buffalo Chicken</b> in Gorgonzola Cream Sauce	\$12
<b>Lasagna</b> with meat	\$12
<b>Manicotti or Stuffed Shells</b> with marinara sauce	\$10
<b>Cheese Raviolis</b> with marinara sauce	\$10
<b>Eggplant Parmigiana</b> with a side of penne	\$14
<b>Eggplant Rollatini</b> with ham & mozz & a side of penne	\$14
<b>Stuffed Eggplant</b> with a side of penne	\$14
<b>Chicken Parmigiana</b> with a side of penne	\$14
<b>Chicken Parm ala Michael</b>	\$15
Chicken parm layered with eggplant parm with a side a penne	
<b>Chicken Rudy</b>	\$14
with a side of mashed potatoes or French Fries	
<b>Chicken Marsala over Fettuccine</b>	\$14
<b>Grilled Chicken Breast</b> with a side of broccoli aioli	\$12
<b>Veal Parmigiana</b> with a side of penne	\$16
<b>Veal Parm ala Michael</b>	\$17
Veal parm layered with eggplant parm with a side of penne	
<b>Shrimp and Scallops Alfredo or Scampi</b> over fettuccine	\$16
<b>Linguine and Clams Red or White</b>	\$15

### Sides

<b>French Fries</b>	\$4
<b>Penne with Marinara Sauce</b> -kids size	\$6
<b>Broccoli Aiola, Broccoli Rabe or Escarole</b>	\$4
<b>Side of 2 Meatballs</b>	\$4

## Pizza

	<b>Small</b>	<b>Large</b>
<b>Plain Sauce</b>	\$10	\$12
<b>Prime Pizza Sauce</b>	\$14	\$18
Vodka Sauce, Alfredo Sauce, Pomodoro Sauce, Puttanesca Sauce		
<b>Mozzarella</b>	\$11	\$13
<b>Add \$1.50 per additional topping</b>		

<b>Pepperoni</b>	<b>Bacon</b>	<b>Sausage</b>
<b>Mushrooms</b>	<b>Eggplant</b>	<b>Broccoli</b>
<b>Spinach</b>	<b>Olives</b>	<b>Onion</b>
<b>Green Peppers</b>	<b>Garlic</b>	<b>Meatballs</b>
<b>Add \$2 per additional topping</b>		

<b>Chicken</b>	<b>Artichoke</b>	<b>Roasted Peppers</b>
<b>Pesto</b>	<b>Feta Cheese</b>	<b>Gorgonzola</b>
<b>Kalamata Olives</b>		<b>Anchovies</b>
<b>Broccoli Rabe</b>	<b>Shrimp</b>	<b>Ricotta</b>

## Specialty Pizza

	<b>Small</b>	<b>Large</b>
<b>The Adriatic</b> -Mozzarella, Fried Calamari, Hot Cherry Peppers	\$16	\$20
<b>Tuscany Experience</b> - Mozzarella, Fresh Tomato, Prosciutto, Ricotta, Black Olives	\$14	\$18
<b>Hawaiian Pizza</b> -Mozzarella, Ham, Pineapple, Red Sauce	\$14	\$18
<b>The Works</b> -Mozzarella, mushrooms, peppers, onions, bacon, sausage, pepperoni	\$18	\$22
<b>Basil Pesto, Pine Nut, Provolone</b>	\$16	\$20
<b>Buffalo Chicken &amp; Blue Cheese</b>	\$16	\$20
<b>PMS</b> -Pepperoni, Mushroom, Sausage and Mozzarella	\$16	\$20
<b>Escarole &amp; Bean</b>	\$14	\$18
<b>Chicken Parmigiana</b>	\$16	\$20
<b>Veggie Bomb</b> -Mozzarella, Spinach, Onions, Hot Cherry Peppers, Mushrooms, Roasted Peppers, Broccoli & Eggplant	\$16	\$20
<b>Zuppa Di Pizza</b> -Shrimp, Crab, Clams & Mozzarella	\$18	\$22
<b>Fresh Tomato &amp; Basil</b> -Mozzarella & Parmagiana	\$14	\$18
<b>Clams Casino</b> -Mozzarella, Roasted Red Peppers & Bacon	\$16	\$20
<b>Broccoli Rabe &amp; Sausage</b> -Mozzarella & Garlic	\$16	\$20
<b>BBQ Rudy Pizza</b> -Mozzarella, Chicken Cutlet, BBQ Sauce & Bacon	\$16	\$20
<b>Louie Special</b> -Mozzarella, Mashed Potato, Bacon	\$14	\$18

### Pizza Bowls-Your favorite toppings without the crust!

**The Works-\$6.50 ~ Veggie Bomb-\$6.50**

### Calzones

**Small \$ 16 Feeds 2-4      Large \$ 20 Feeds 4-8**

With additional toppings see choices above  
With a pint of sauce \$2